

## ITA FAST RUN

### Relatório Geral - 5KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
1	437	VANESA BASTOS VIEIRA	F3539	-	BA FUNCIONAL TRAINING	00:04:19	13,88	00:21:37
2	430	LUCIANA PEREIRA ROSA	F3539	-		00:04:20	13,82	00:21:42
3	335	EUBE GOMES BORGES	F3539	-		00:04:46	12,58	00:23:51
4	377	JANAINA DA SILVA CARDOSO	F4044	-		00:04:48	12,51	00:23:59
5	466	DANILLA SOUZA DE O BARBOSA	F3034	-		00:04:51	12,35	00:24:17
6	349	DARLENE DA SILVA DE ASSIS	F4549	1		00:04:57	12,10	00:24:47
7	453	CIDALINA FONSECA DA SILVA TABELLA	F3539	1	MACUCO RUNNERS	00:05:03	11,88	00:25:15
8	401	DANIELA CARDOSO SILVA	F3539	2		00:05:10	11,61	00:25:51
9	392	LARA MARIA BAIRRAL JORGE	F1219	1	NA INTENSIDADE	00:05:10	11,60	00:25:52
10	350	SELMA PEREIRA ROCHA	F4044	1		00:05:14	11,46	00:26:11
11	334	DAIANA BARCELLOS DOS SANTOS	F4044	2		00:05:15	11,43	00:26:15
12	435	SUELYN SIQUEIRA	F3034	1	BA FUNCIONAL TRAINING	00:05:23	11,15	00:26:55
13	426	JAQUELINE MARTINS DE SOUZA	F4044	3		00:05:25	11,07	00:27:06
14	330	DANIELA SALIM BAIRRAL	F2024	1		00:05:33	10,81	00:27:45
15	347	LISI MUNIS GUALTER CORREA AGNES (SERCON)	F3034	2		00:05:34	10,79	00:27:48
16	413	MARIA LIDIA DE BRITO FRATANI	F5054	1	MACUCO RUNNERS	00:05:35	10,73	00:27:57
17	439	DEJILANE GONCALVES DA CONCEICAO	F3539	3	MACUCO RUNNERS	00:05:37	10,69	00:28:04
18	331	MILCY DA SILVA MARINS ARAUJO	F3539	4		00:05:37	10,68	00:28:06
19	306	LUZICARLA DE OLIVEIRA PINHEIRO CORDEIRO	F3034	3		00:05:48	10,36	00:28:58
20	340	GISELLA SILVA COUTINHO	F3539	5		00:05:49	10,31	00:29:06
21	373	FRANCINE NUNES CARVALHO	F2529	1		00:05:49	10,30	00:29:07
22	417	FLAVIA MACIMA MENDES	F3034	4	RADIO FELIZ 1039 FM PADUARJ	00:05:51	10,27	00:29:13

23	391	FRANCINE LOPES PINHEIRO	F2024	2		00:05:51	10,25	00:29:16
24	380	KARINE BASTOS SILVA	F4044	4		00:05:53	10,19	00:29:27
25	415	ROGERIA GONCALVES GUZZO	F4549	2		00:05:54	10,18	00:29:29
26	471	LÍDIA B PEREIRA	F3034	5		00:06:01	9,97	00:30:05
27	333	MARÍLIA JANNOTTI MACHADO	F6064	1		00:06:01	9,96	00:30:07
28	367	ARILDA MACHADO DA COSTA GARCIA	F4044	5		00:06:02	9,96	00:30:08
29	384	EDILAYNE BASTOS FERRAZ LINO	F2529	2		00:06:02	9,94	00:30:11
30	395	LAYLLA DO COUTO LIMA	F3034	6	NA INTENSIDADE	00:06:02	9,93	00:30:12
31	325	KATIANA INACIO GONÇALVES	F3034	7		00:06:04	9,90	00:30:19
32	452	ODAISA DA SILVA GONZAGA MANSANO	F2024	3		00:06:06	9,83	00:30:32
33	464	MARCELLA FARIAS DE SOUZA	F2024	4		00:06:11	9,71	00:30:53
34	318	ELLEN SHARON MILER FERRAZ FERREIRA	F3034	8		00:06:11	9,71	00:30:54
35	472	LETÍCIA BAIRRAL PEREIRA	F3539	6		00:06:12	9,67	00:31:01
36	425	ELAINE CARDOSO FERREIRA	F3539	7		00:06:13	9,66	00:31:04
37	408	ANA FLAVIA SOUZA SILVA	F2024	5		00:06:18	9,51	00:31:32
38	409	BRUNA RIBEIRO	F2024	6		00:06:20	9,47	00:31:40
39	376	LILIA MULIN DUARTE	F3539	8		00:06:20	9,46	00:31:42
40	356	ISABELLE COSTA GUALBERTO ROSALINO	F2529	3		00:06:48	8,82	00:34:00
41	375	MARIANA FERREIRA DOS SANTOS	F3539	9		00:06:48	8,82	00:34:01
42	382	CARLA STHEPANY MILLER FERRAZ DUARTE	F2529	4		00:06:50	8,79	00:34:08
43	344	IASMYN FREITAS SIAS	F2024	7		00:06:51	8,77	00:34:13
44	328	DANIELE PENA ROCHA PORTO	F4044	6		00:06:51	8,75	00:34:17
45	496	LAYRA DIAS DA SILVASARAIVA	F2529	5		00:07:04	8,49	00:35:21
46	370	RENATA COSTA VENCESLAU LUZ	F4044	7		00:07:05	8,47	00:35:24
47	357	ISADORA COSTA GUALBERTO ROSALINO	F2024	8		00:07:05	8,47	00:35:25
48	353	KARLA DIAS FREITAS BARRIAS	F2529	6		00:07:06	8,45	00:35:30
49	307	KARINE VITÓRIA RIMES DA SILVA	F1219	2		00:07:07	8,42	00:35:37

50	498	DANIELLA RIBEIRO DE ARAUJO	F3034	9		00:07:09	8,40	00:35:43
51	431	RUANA PACHECO GOMES	F2529	7		00:07:10	8,36	00:35:52
52	410	ANA PAULA PESSANHA DO NASCIMENTO	F3034	10		00:07:18	8,22	00:36:31
53	397	JADY FIGUEREDO DE SOUZA SARAIVA	F2529	8		00:07:22	8,14	00:36:52
54	427	MARLETE FIGUEREDO	F5054	2		00:07:24	8,12	00:36:58
55	462	ADRIANA CORTAT DA SILVA	F4549	3		00:07:29	8,01	00:37:26
56	421	ROSANGELA MARIA JARDIM GARDELO	F6569	1		00:08:28	7,08	00:42:22
57	445	ANDREA RODRIGUES TUPINI BOARETTO	F3539	10	MACUCO RUNNERS	00:08:46	6,84	00:43:52
58	455	MARINA CARVALHO BOARETTO	F2529	9	MACUCO RUNNERS	00:08:47	6,84	00:43:53
59	362	PAULA FELICIA PINTO MAIATTO	F4044	8		00:08:59	6,67	00:44:57
60	387	FERNANDA DE AVELAR TORRES	F5559	1		00:09:23	6,39	00:46:56
61	422	GLEICE FRANCA MELLO	F4549	4		00:09:23	6,39	00:46:57