

ITA FAST RUN

Relatório Geral - 5KM - Masculino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
1	458	ROBERTO RIMES ROSA	M4044	-	AUGE DO CARMO	00:03:25	17,60	00:17:03
2	447	ANTONIO MARIA BATISTA MENEZES	M3539	-	VITALRUNNING	00:03:33	16,93	00:17:43
3	351	JONATHAN FEITOSA LOPES	M2024	-		00:03:33	16,92	00:17:43
4	396	JOSE CARLOS REZENDE DOS SANTOS JUNIOR	M3034	-	AUGE DO CARMO	00:03:37	16,59	00:18:05
5	461	ALAN DE OLIVEIRA GONCALVES COSTA	M2024	-	RADIO FELIZ 1039 FM PADUARJ	00:03:40	16,38	00:18:19
6	346	CÉSAR CONSTANT DA SILVA	M4549	1		00:03:51	15,61	00:19:13
7	379	WESLEY MONTEIRO VIANA	M4044	1		00:03:53	15,44	00:19:26
8	443	SIGMAR FONSECA DA SILVA	M4044	2	MACUCO RUNNERS	00:03:59	15,03	00:19:58
9	451	LUCAS DA SILVA SODRE	M2024	1	MACUCO RUNNERS	00:03:59	15,03	00:19:58
10	368	JOÃO PEDRO DA COSTA TERRA	M2024	2		00:04:01	14,94	00:20:05
11	348	WILLIAM DE ASSIS	M3539	1		00:04:01	14,93	00:20:06
12	418	MUNIZ ALVES HERDY	M5054	1	RADIO FELIZ 1039 FM PADUARJ	00:04:02	14,90	00:20:08
13	448	LEONARDO MARTINS VALADARES	M3034	1	VITALRUNNING	00:04:04	14,74	00:20:21
14	393	GUSTAVO LIANO CORREA	M2024	3	NAO	00:04:10	14,38	00:20:52
15	432	IGOR OLIVEIRA DE SOUZA	M2024	4	ACQUA ITAPERUNA	00:04:11	14,32	00:20:57
16	457	GABRIELL HERDY BESERRA	M2529	1	MACUCO RUNNERS	00:04:14	14,18	00:21:09
17	404	MARCOS THADEU FERREIRA GAMA	M3539	2	UPDOWN	00:04:14	14,16	00:21:11
18	355	DOUGLAS COUTINHO NOVAES	M2024	5		00:04:18	13,94	00:21:31
19	369	LUCIANO DIAS LUZ	M4549	2		00:04:22	13,74	00:21:50
20	388	SEBASTIÃO BRUNO DE ANDRADE PINTO	M3539	3		00:04:26	13,55	00:22:09
21	345	CLAUDIO MOISES PONTES AUDÍZIO	M3539	4		00:04:26	13,54	00:22:09

22	433	MANOEL ANTONIO SOUZA OLIVEIRA	M5559	1	RADIO FELIZ 1039 FM PADUARJ	00:04:27	13,50	00:22:13
23	383	WELERSON DE OLIVEIRA FARIA	M2024	6		00:04:27	13,46	00:22:17
24	311	CHRISTIAN FERRAZ SOUZA	M2529	2		00:04:28	13,44	00:22:19
25	324	GUSTAVO DE ARAÚJO BASTOS	M2529	3		00:04:29	13,40	00:22:23
26	337	ANDERSON GUIMARÃES	M2529	4		00:04:31	13,29	00:22:34
27	436	ODEMI TEIXEIRA MEIRELES	M5054	2		00:04:33	13,18	00:22:46
28	499	ISMAEL RANGEL DE PINHO	M3539	5		00:04:35	13,11	00:22:53
29	327	KAYO HENRIQUE JACOB RIBEIRO	M2529	5		00:04:36	13,04	00:23:00
30	467	RAFAEL RETAMERO DIAS	M3539	6		00:04:37	13,01	00:23:04
31	428	JORGE LUIZ NEVES DE SOUSA	M4549	3		00:04:38	12,97	00:23:08
32	305	WENDELL LINHARES CARDOSO	M3539	7		00:04:38	12,95	00:23:10
33	429	WICTOR TEIXEIRA DE SOUZA	M3034	2		00:04:38	12,93	00:23:12
34	329	DANIEL SOUZA RODRIGUES	M2529	6		00:04:39	12,92	00:23:13
35	390	LEONARDO LUGAO SILVA	M3539	8	NA INTENSIDADE	00:04:39	12,88	00:23:17
36	441	GILBERTO DE OLIVEIRA NETO	M2529	7		00:04:40	12,87	00:23:19
37	420	WELLINGTON RENATO SA MONTEIRO	M3539	9		00:04:40	12,86	00:23:20
38	403	LUAM ORMOND CALDAS	M2529	8		00:04:40	12,85	00:23:21
39	434	SILAS DE ALMEIDA BRUM	M5559	2	CORRITA DE ITAOCARA	00:04:42	12,78	00:23:29
40	371	JOSÉ LEONISSA DA SILVA MARTINS	M3539	10		00:04:46	12,57	00:23:52
41	423	FABIO RODRIGUES PEREIRA	M3539	11		00:04:53	12,27	00:24:27
42	354	LEDSON CARLOS ALMEIDA DE SOUZA	M4044	3		00:04:54	12,23	00:24:32
43	444	ALEX SANDRO NATAL FERNANDES	M4044	4	MACUCO RUNNERS	00:04:55	12,19	00:24:37
44	360	ANDRÉ CUSTODIO LOMBA DA ROCHA	M2024	7		00:04:57	12,13	00:24:44
45	385	FABIANO LINO SILVA	M2529	9		00:04:57	12,11	00:24:46
46	402	LAZARO ARAUJO ROHEN	M2529	10		00:04:59	12,02	00:24:58
47	310	RAPHAEL DA SILVA BAYÃO	M2529	11		00:04:59	12,01	00:24:59
48	316	DIEGO DE SOUZA SCHIMIDT	M2024	8		00:04:59	12,01	00:24:59

49	317	ANDERSON DE OLIVEIRA LEITE	M3539	12		00:05:04	11,86	00:25:18
50	315	ALVARO MUNIZ DE SOUZA	M5054	3		00:05:08	11,70	00:25:39
51	366	ANTÔNIO CARLOS SOUZA DIAS	M3034	3		00:05:08	11,69	00:25:40
52	449	SANDRO WALLACE RODRIGUES SILVA	M4044	5	VITALRUNNING	00:05:11	11,57	00:25:56
53	386	RUANN DE AZEVEDO LINHARES	M1219	1		00:05:12	11,52	00:26:02
54	361	THIAGO FARIA TEIXEIRA	M2529	12		00:05:14	11,48	00:26:08
55	463	RAFAEL LOPES DE MACEDO POUBEL	M2529	13		00:05:14	11,48	00:26:08
56	359	LEANDRO CASTRO PONTES	M2024	9		00:05:14	11,47	00:26:09
57	500	THIAGO DE ARAUJO BINENBOJN	M3034	4		00:05:17	11,35	00:26:26
58	378	ANDERSON FREITAS	M4044	6		00:05:18	11,32	00:26:30
59	460	MARCIO PACHECO DE SOUZA	M4549	4		00:05:19	11,30	00:26:33
60	456	LEANDRO HESPANHOL VIANA	M4044	7		00:05:21	11,21	00:26:45
61	342	MAXUEL VIEIRA LEMOS	M3034	5		00:05:22	11,19	00:26:48
62	343	RAPHAEL DE SOUZA BARROS FERREIRA	M2529	14		00:05:24	11,12	00:26:58
63	440	MARCOS ANTONIO SILVA DE SOUZA	M2529	15		00:05:24	11,12	00:26:59
64	442	NILO ECCARD MANHAES	M2529	16		00:05:24	11,12	00:26:59
65	308	HYAGO GOMES CORDEIRO	M1219	2		00:05:24	11,11	00:27:00
66	312	HERNANI LOPES PIRES JUNIOR	M2024	10		00:05:26	11,06	00:27:08
67	301	MAYCON DA SILVA ROSA	M2529	17		00:05:27	11,02	00:27:14
68	495	FELIPE SALLES	M3034	6		00:05:27	11,02	00:27:14
69	400	JORGE LUIZ BATISTA DE ANDRADE	M3539	13	VELOZ ASSESSORIA ESPORTIVA	00:05:28	10,98	00:27:19
70	364	ENILSON FERREIRA DE OLIVEIRA	M4549	5		00:05:28	10,98	00:27:20
71	389	ROGÉRIO LESSA VIEIRA	M4549	6		00:05:30	10,90	00:27:32
72	322	LUCAS MONTEIRO THADEU	M2529	18		00:05:32	10,84	00:27:41
73	412	JOSE EDUARDO DE OLIVEIRA	M6569	1	MACUCO RUNNERS	00:05:33	10,80	00:27:47
74	459	CARLOS ALEXANDRE IGNACIO DA SILVA	M3034	7		00:05:34	10,77	00:27:51
75	394	MADSON ALVES COELHO	M3034	8		00:05:35	10,76	00:27:53

76	414	RENAN CARVALHO MOREIRA	M2529	19	MACUCO RUNNERS	00:05:36	10,73	00:27:58
77	470	HUGO BASTOS SILVA B DIAS	M1219	3		00:05:42	10,51	00:28:32
78	465	ROBERIO COIMBRA SEIXAS JUNIOR	M1219	4		00:05:44	10,46	00:28:41
79	411	GEOVANE M SERAFIM	M3034	9	MACUCO RUNNERS	00:05:48	10,34	00:29:01
80	339	RUBENS DA ROCHA MANHÃES	M4044	8		00:05:49	10,32	00:29:05
81	336	MARCELO ARAUJO BOECHAT	M3539	14		00:05:55	10,14	00:29:35
82	363	ALEX DE OLIVEIRA LEITE	M3034	10		00:05:55	10,13	00:29:37
83	454	WALTER BOARETTO RODRIGUES	M3034	11	MACUCO RUNNERS	00:05:59	10,04	00:29:53
84	381	WILLIAM WAGNER PORTO DA SILVA	M4044	9		00:05:59	10,03	00:29:54
85	438	RODRIGO COUTO BADINI	M3034	12	MACUCO RUNNERS	00:06:00	9,99	00:30:01
86	326	LEANDRO SILVA FERREIRA	M3034	13		00:06:03	9,93	00:30:13
87	321	BLAUNER SILVA DOS SANTOS	M3034	14		00:06:08	9,79	00:30:38
88	446	BRUNO ALVES BOARETTO	M4044	10	MACUCO RUNNERS	00:06:08	9,78	00:30:40
89	323	VICTOR HUGO MONTEIRO FIGUEIREDO	M2024	11		00:06:10	9,72	00:30:52
90	416	GABRIEL SOARES DE FREITAS ROMANHOL	M2529	20		00:06:19	9,50	00:31:34
91	304	RUMENINGUE DIAS ROSA	M3034	15		00:06:21	9,44	00:31:46
92	450	MARIO JOSE GONCALVES	M4549	7	MACUCO RUNNERS	00:06:25	9,34	00:32:07
93	374	DENER LUZ DOS REIS	M3539	15		00:06:52	8,74	00:34:19
94	419	CARLOS JOSE MARQUES ZANIBONI DE CASTRO	M2024	12	MACUCO RUNNERS	00:06:53	8,72	00:34:25
95	398	ALEXSANDER DA COSTA SARAIVA	M2024	13		00:06:59	8,58	00:34:58
96	497	WALLACE FREITAS SARAIVA	M3034	16		00:07:04	8,48	00:35:22
97	313	WELLINGTON SUPRIANO DE SOUZA ALVES	M3034	17		00:07:05	8,47	00:35:25
98	303	ANDRÉ DA SILVA LEITE	M3034	18		00:07:06	8,45	00:35:30
99	406	ENRICO LEITE CLER	M3539	16		00:07:10	8,36	00:35:52
100	424	ROGERIO MOREIRA DE CASTRO	M4549	8	MACUCO RUNNERS	00:07:49	7,68	00:39:03