

AVANTE 5K SJL

Relatório Geral - 5KM - Masculino

Coloc.	Num.	Nome	Sx.	Idd.	Faixa	Cl.Fx.	Equipe	Tempo	Liquido
1	189	WILSON DA SILVA ARAUJO	M	29	M2529	-	PROJETO GODOI	00:16:12	00:16:12
2	93	WEMERSON FERREIRA OLIVEIRA	M	25	M2529	-	MACUCO RUNNING	00:16:47	00:16:47
3	97	JONATHAN FEITOSA LOPES	M	25	M2529	-	SERCON CONTABILIDADE	00:17:42	00:17:42
4	90	VICTOR HUGO BARROS SCHUENCK	M	24	M2024	-	PEGADA VERDE	00:17:53	00:17:53
5	47	JOSÉ CARLOS REZENDE DOS SANTOS JÚNIOR	M	36	M3539	-	NOVA MIX	00:18:14	00:18:14
6	151	ANTONIO MARIA BATISTA MENEZES	M	40	M4044	1	CORREDORES AVENTUREIROS	00:18:45	00:18:43
7	79	RICARDO DIAS DE MORAES	M	52	M5054	1	PEGADA VERDE	00:19:19	00:19:16
8	121	JOAO PAULO VENCESLAU ALVES	M	31	M3034	1	MACUCO RUNNING	00:19:17	00:19:17
9	86	RONILDO FERNANDES CORDEIRO	M	34	M3034	2	PÉ E PEDAL	00:19:23	00:19:22
10	95	CESAR CONTANT DA SILVA	M	52	M5054	2	SERCON CONTABILIDADE	00:19:32	00:19:32
11	48	JOSÉ MÁRIO R. LESSA	M	21	M2024	1	CORREDORES AVENTUREIROS	00:19:40	00:19:38
12	85	RONDINELI FERNANDES CORDEIRO	M	30	M3034	3	PÉ E PEDAL	00:19:45	00:19:44
13	67	NATHAN LINHARES DO NASCIMENTO ALVES	M	22	M2024	2	GALO RUN RT RUN	00:19:53	00:19:50
14	37	GUSTAVO DE ARAÚJO BASTOS	M	32	M3034	4	CORREDORES AVENTUREIROS	00:19:54	00:19:54
15	77	RALPH LANNES	M	49	M4549	1	ROMULO SANTOS	00:20:01	00:19:59
16	11	CAETANO NICOLAU LOUISE NETTO	M	37	M3539	1	CORRITA	00:20:11	00:20:09
17	29	FÁBIO COSTA DA SILVA	M	25	M2529	1	ACADEMIA TOTAL FITNESS	00:20:19	00:20:18
18	59	MARCOS THADEU FERREIRA GAMA	M	38	M3539	2	ACADEMIA TOTAL FITNESS	00:20:21	00:20:18
19	3	ANDRÉ RANGEL DE PINHO	M	39	M3539	3	CORREDORES AVENTUREIROS	00:20:23	00:20:21
20	30	FELIPE CESAR BELTRÃO	M	36	M3539	4	CORDEIRO RUNNING	00:20:33	00:20:29
21	176	WASHINGTON DA SILVA MACHADO	M	24	M2024	3	TEAM INDIO	00:20:40	00:20:32
22	64	MAURÍCIO FREITAS JUNIOR	M	28	M2529	2	GO FOR FIT	00:20:40	00:20:36
23	166	MATHEUS NOBIO ANDRADE	M	16	M1519	1	MACUCO RUNNING	00:20:59	00:20:59
24	45	JOÃO VICTOR GOTARDO	M	18	M1519	2	TEAM INDIO	00:21:11	00:21:04
25	132	FELIPE PINHEIRO ARCENIO DOS SANTOS	M	44	M4044	2	CTR ITAOCARA	00:21:12	00:21:07
26	51	KAIQUE AMON	M	27	M2529	3	TEAM AMON	00:21:25	00:21:19
27	138	EMERSON JUNIOR ROCHA FERREIRA	M	18	M1519	3		00:21:25	00:21:22
28	10	BRUNO RONZEI PEREZ	M	33	M3034	5	TEAM BRUNO RONZEI	00:21:48	00:21:43
29	99	WILLIAM DE ASSIS	M	42	M4044	3	SERCON CONTABILIDADE	00:21:47	00:21:44

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30	21	DEIVID MUNIER PRATA	M	38	M3539	5	CTTG	00:21:53	00:21:51
31	164	JOAO DOMINGOS	M	47	M4549	2	MACUCO RUNNING	00:22:01	00:21:56
32	49	JOSÉ MARQUES FERREIRA FERNANDES	M	58	M5559	1	SUPERPADUANO	00:22:15	00:22:15
33	129	JHONATAN S. TOMAZ	M	29	M2529	4	CTR ITAOCARA	00:22:33	00:22:23
34	150	KAIO NASCIMENTO	M	28	M2529	5	CORREDORES AVENTUREIROS	00:22:33	00:22:23
35	114	ALMIR ROGERIO VERLINGER COUTO	M	40	M4044	4	MACUCO RUNNING	00:22:30	00:22:24
36	158	IGOR DE CASTRO CONCEIÇÃO	M	30	M3034	6	MACUCO RUNNING	00:22:33	00:22:28
37	17	CLAUDIO DA SILVA	M	35	M3539	6	CROSS RUN	00:22:37	00:22:32
38	144	HERNAN LOPES PIRRES JUNIOR	M	26	M2529	6	CTR ITAOCARA	00:22:45	00:22:38
39	56	LUAN SORRENTINO OLIVEIRA	M	21	M2024	4	CORREDORES AVENTUREIROS	00:22:43	00:22:41
40	2	ALEXANDRE DA SILVA BACHINI	M	48	M4549	3	PEGADA VERDE	00:22:45	00:22:43
41	43	JOÃO PEDRO DANTAS E SILVA	M	29	M2529	7	LOS GALOS RACETEAM	00:22:58	00:22:54
42	35	GUILHERME SALES ROCHA	M	44	M4044	5		00:23:15	00:23:13
43	191	CEZAR HENRIQUE BELTRÃO	M	66	M6569	1		00:23:27	00:23:23
44	159	ALEX SANDRO NATAL FERNANDES	M	47	M4549	4	MACUCO RUNNING	00:23:45	00:23:44
45	169	CARLOS JOSE MESSIAS (KAIZE)	M	60	M6064	1	NÃO POSSUI	00:23:54	00:23:51
46	136	JULIMAR DINIZ CARDOSO	M	34	M3034	7	CTR ITAOCARA	00:24:17	00:24:07
47	179	GUSTAVO LOPES	M	27	M2529	8		00:24:21	00:24:07
48	80	ROBERIO COIMBRA SEIXAS	M	44	M4044	6	CORRITA	00:24:22	00:24:19
49	184	SERGIO ROMAR SALVADOR JUNIOR	M	30	M3034	8	CTR ITAOCARA	00:24:40	00:24:22
50	88	LUIZ CLAUDIO DA SILVA BARRETO	M	48	M4549	5	LUIZ MARATONISTA	00:24:27	00:24:26
51	145	SAMUEL MORAIS OLIVEIRA JUNIOR	M	28	M2529	9	CORRITA	00:24:36	00:24:31
52	34	GIOVANY DE OLIVEIRA AMARAL	M	22	M2024	5	MONNERAT	00:24:36	00:24:34
53	75	RAFAEL LAURINDO DA SILVA	M	27	M2529	10	CORREDORES AVENTUREIROS	00:24:46	00:24:43
54	72	PAULO VICTOR ANTUNES ABREU	M	35	M3539	7	SUL CARIOCA	00:24:56	00:24:45
55	133	EDSON FRANCISCO SOUZA	M	28	M2529	11	CTR ITAOCARA	00:25:07	00:24:48
56	180	LEANDRO SILVA FERREIRA	M	37	M3539	8		00:24:53	00:24:50
57	102	DONATO CARLOS OLIVEIRA AMARAL	M	61	M6064	2	PROJETO GODOY	00:24:58	00:24:57
58	12	CARLOS BRUNO DOS SANTOS OLIVEIRA VIANA	M	29	M2529	12		00:25:06	00:25:02
59	123	JOAO RODRIGUES DE SOUZA	M	54	M5054	3		00:25:16	00:25:05
60	101	WILLIAMS FLAVIO GOMES	M	63	M6064	3	PROJETO GODOY	00:25:19	00:25:15

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61	118	MATHEUS DA SILVA MAIA FALCES	M	21	M2024	6	MACUCO RUNNING	00:25:17	00:25:16
62	119	PATRICK DA SILVA MAIS FALCES	M	16	M1519	4	MACUCO RUNNING	00:25:21	00:25:20
63	177	LUAM ORMOND CALDAS	M	31	M3034	9		00:25:31	00:25:25
64	20	DARLO GOUDINHO DE SOUZA E SOUZA	M	41	M4044	7	CROSS RUN	00:25:32	00:25:27
65	120	RODRIGO DO COUTO BADINI	M	36	M3539	9	MACUCO RUNNING	00:25:36	00:25:27
66	140	DANIEL ABREU	M	41	M4044	8	CTR ITAOCARA	00:25:37	00:25:29
67	147	LAYO FROES PINHEIRO	M	23	M2024	7	CTR ITAOCARA	00:26:03	00:25:48
68	156	CARLOS EDUARDO DA SILVA SANCHES	M	38	M3539	10	CTR ITAOCARA	00:26:00	00:25:50
69	13	CARLOS VINÍCIUS GOMES DA SILVA	M	17	M1519	5	TEAM INDIO	00:26:18	00:26:11
70	100	LUIZ FERNANDO CABRAL NASCIMENTO	M	63	M6064	4		00:26:29	00:26:27
71	18	CLESIOMAR CORDEIRO FREIRE	M	58	M5559	2		00:26:50	00:26:38
72	39	JERFFESON GONÇALVES PINTO	M	36	M3539	11	CAPITAL DO MUNDO	00:26:59	00:26:41
73	160	WELLINGTON NASCIMENTO GONÇALVES	M	31	M3034	10	MACUCO RUNNING	00:27:09	00:27:00
74	63	MATHEUS NICOLAU	M	29	M2529	13	CORDEIRO RUNNING	00:27:23	00:27:15
75	92	WELLINGTON LUIS DE ARAÚJO	M	46	M4549	6	CORREDORES AVENTUREIROS	00:27:26	00:27:16
76	73	PEDRO MARCO FERNANDES ALVES	M	23	M2024	8	TEAM INDIO	00:27:29	00:27:23
77	36	GUILHERMI BARBOSA RIBEIRO	M	31	M3034	11		00:27:36	00:27:24
78	112	FLAVIO COUTINHO MARCHON	M	32	M3034	12	MACUCO RUNNING	00:27:28	00:27:27
79	190	ALAM RODRIGUES CAMARAS	M	32	M3034	13		00:27:35	00:27:31
80	187	PAULO CEZAR DA SILVA ABREU	M	68	M6569	2		00:27:41	00:27:31
81	4	ANDRÉ TEIXEIRA MANHÃES	M	29	M2529	14		00:27:55	00:27:48
82	111	ANTONIO MARTINS DE MORAES	M	74	M7074	1	PROJETO GODOY	00:28:09	00:28:02
83	33	GEOVANE M SERAFIM	M	35	M3539	12	MACUCO RUNNING	00:28:19	00:28:09
84	94	WILLIAM WAGNER PORTO DA SILVA	M	46	M4549	7	CORREDORES AVENTUREIROS	00:28:23	00:28:12
85	24	DHEYSON ALVES FERRAZ	M	35	M3539	13	CTR ITAOCARA	00:28:36	00:28:30
86	70	PAULO RENATO PADILHA CAMPANARIO	M	41	M4044	9		00:28:42	00:28:31
87	28	FABIANO ANDRADE	M	38	M3539	14		00:28:41	00:28:35
88	81	ROBERIO COIMBRA SEIXAS JUNIOR	M	19	M1519	6	CORREDORES AVENTUREIROS	00:29:08	00:29:05
89	174	WERICK DOS SANTOS OLIVEIRA BORGES PINHEIRO	M	33	M3034	14		00:29:25	00:29:11
90	142	GABRIEL DE OLIVEIRA FARIA	M	23	M2024	9	CTR ITAOCARA	00:29:26	00:29:20

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91	31	GABRIEL HENRIQUE PONTES GONÇALVES	M	21	M2024	10	SÃO FIDÉLIS	00:29:25	00:29:21
92	188	LUIZ ALBERTO BERRIEL PONTES NETO	M	26	M2529	15		00:29:27	00:29:23
93	38	ISMAEL RANGEL DE PINHO	M	38	M3539	15	CORREDORES AVENTUREIROS	00:29:32	00:29:31
94	137	ZITUO YONESHIGUE	M	50	M5054	4	CTR ITAOCARA	00:29:37	00:29:32
95	103	GILMAR RODRIGUES GOMES	M	46	M4549	8	CTR ITAOCARA	00:29:46	00:29:40
96	105	IGOR FERREIRA FELIX	M	36	M3539	16	CTR ITAOCARA	00:29:54	00:29:40
97	157	FABIO ALVIM BASTOS CANELLAS	M	43	M4044	10	CTR ITAOCARA	00:29:54	00:29:40
98	128	EVERSON JUNIOR ROCHA FERREIRA	M	12	M0014	1		00:30:04	00:29:42
99	124	LUCAS DIAS SANCHES TERRA	M	34	M3034	15	CTR ITAOCARA	00:30:18	00:29:59
100	139	VICTOR SILVA FROIS	M	26	M2529	16	CTR ITAOCARA	00:30:20	00:30:00
101	46	JOSE ANTONIO PELODAN BARROS	M	55	M5559	3	BALTAZAR	00:30:45	00:30:29
102	106	IZAIAIS DE SOUZA SILVA	M	68	M6569	3	PROJETO GODOY	00:30:48	00:30:42
103	108	JOSE EDUARDO DE OLIVEIRA	M	71	M7074	2	MACUCO RUNNING	00:31:33	00:31:13
104	107	WALTER JOSE GARCIA MAIA	M	64	M6064	5	PROJETO GODOY	00:31:27	00:31:20
105	122	FABIO DE PINHO AGUIAR	M	42	M4044	11	CTR ITAOCARA	00:32:19	00:32:06
106	153	KAIO MARTINS FIGUEIRA	M	25	M2529	17	TOTAL FITNESS	00:32:38	00:32:20
107	1	ALDERIO FERNANDES ALMENARA	M	59	M5559	4	CAPITAL DO MUNDO	00:32:54	00:32:34
108	181	WANDERSON GONÇALVES DE SOUZA	M	37	M3539	17		00:32:54	00:32:35
109	178	Rafael Bastos Braz Peres	M	26	M2529	18		00:32:54	00:32:36
110	26	DINART ROCHA FILHO	M	43	M4044	12		00:32:53	00:32:41
111	82	ROBERTO SILVA FULY	M	51	M5054	5		00:33:02	00:32:49
112	152	THIAGO MARTINS FIGUEIRA	M	30	M3034	16	TOTAL FITNESS	00:33:12	00:32:54
113	154	LUIZ ADOLFO DE QUEIROZ ARAUJO GAMA	M	30	M3034	17	TOTAL FITNESS	00:33:13	00:32:55
114	171	PEDRO HENRIQUE AMARAL DE FARIA	M	26	M2529	19		00:33:29	00:33:14
115	117	MARIO JOSE GONÇALVES	M	51	M5054	6	MACUCO RUNNING	00:33:53	00:33:44
116	55	LEONARDO DA SILVA PEREIRA	M	23	M2024	11		00:35:27	00:35:18
117	175	MILLER LABANDEIRA DA SILVA	M	29	M2529	20		00:37:25	00:37:10
118	149	LUCIANO DOS SANTOS THEOBALD	M	37	M3539	18	QUABRA OSSOS	00:38:26	00:38:11
119	162	FABIO THEODORO SANTOS	M	30	M3034	18	MACUCO RUNNING	00:43:25	00:43:11
120	134	CLAUDIO FACUNDES DUARTE	M	73	M7074	3	OS ÚLTIMOS SERÃO....	00:47:59	00:47:46

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