

5ª CORRIDA BA FUNCTIONAL TRAINING

Relatório Geral - 5 KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
1	134	VITORIA REGIA DE ARAUJO	F4044	-	ASCOF	00:04:17	14,03	00:21:23
2	73	VANESSA BASTOS VIEIRA	F3539	-	B A FUNCTIONAL TRAINING	00:04:19	13,88	00:21:37
3	28	TAINARA CESÁRIO NUNES	F2529	-	BOMJERUN	00:04:28	13,42	00:22:21
4	61	EUBE GOMES BORGES	F3539	-	B A FUNCTIONAL TRAINING	00:04:33	13,18	00:22:46
5	110	DANIELA SOARES DOS SANTOS	F3539	-	ITAPERUNA	00:04:35	13,07	00:22:57
6	30	VIVIANE ALVES DA SILVA	F3034	1	BOMJERUN	00:04:45	12,62	00:23:46
7	81	DARLENE DA SILVA MOTA DE ASSIS	F4549	1	SERCON	00:04:59	12,01	00:24:59
8	172	MARIA EMILIA DA SILVA ABREU	F3539	1	ASCOF	00:05:02	11,92	00:25:10
9	127	CIDALINA FONSECA DA SILVA TABELA	F3539	2	MACUCO RUNNERS	00:05:09	11,66	00:25:44
10	90	IZAURA DE MACEDO CHAGAS	F5054	1	SERCON	00:05:09	11,64	00:25:47
11	5	JAQUELINE MARTINS DE SOUZA	F4044	1	B A FUNCTIONAL TRAINING	00:05:12	11,55	00:25:59
12	86	SELMA PEREIRA ROCHA	F4044	2	SERCON	00:05:13	11,49	00:26:07
13	2	DANUSA DAIBES PEREIRA	F3539	3	B A FUNCTIONAL TRAINING	00:05:19	11,28	00:26:36
14	14	CAROLINA MUNIZ	F3034	2	B A FUNCTIONAL TRAINING	00:05:19	11,27	00:26:37
15	128	DANIELA SALIM	F2024	1		00:05:23	11,16	00:26:53
16	21	MILCY DA SILVA MARINS ARAÚJO	F3539	4	INTENSIDADE	00:05:24	11,11	00:27:00
17	45	ELZIMAR BRUM PINTO	F3034	3	SUPERANDO LIMITES	00:05:28	10,98	00:27:20
18	91	ZEFERINA LIMA CASTRO	F5054	2	SERCON	00:05:29	10,96	00:27:23
19	157	LARISSA MARQUES RODRIGUES	F3034	4		00:05:35	10,76	00:27:53
20	49	JESIANA DA SILVA LIMA	F4044	3	SUPERANDO LIMITES	00:05:36	10,73	00:27:58
21	83	LISI MUNIS GUALTER CORRÊA AGNES	F3034	5	SERCON	00:05:38	10,64	00:28:12

22	20	FRANCINE NUNES CARVALHO	F2529	1	B A FUNCTIONAL TRAINING	00:05:40	10,60	00:28:18
23	126	DEJILANE GONCALVES DA CONCEICAO	F3539	5	MACUCO RUNNERS	00:05:40	10,58	00:28:21
24	15	KATIANA INÁCIO	F3034	6	B A FUNCTIONAL TRAINING	00:05:40	10,58	00:28:22
25	82	ROZILENI DA SILVA BRUM	F5054	3	SERCON	00:05:42	10,52	00:28:31
26	33	MARCELA DA SILVA CHIMENES	F2529	2	BOMJERUN	00:05:45	10,42	00:28:47
27	145	ANA CLARA SILVA MANSUR	F2024	2	SPEED RUNNER	00:05:46	10,41	00:28:49
28	144	LETICIA CORDEIRO	F4044	4	ASCOF	00:05:48	10,35	00:28:59
29	117	ADRIANA DOS SANTOS DIAS	F4044	5	ENICIO PEREIRA	00:05:49	10,33	00:29:03
30	163	MARIA AUGUSTA PONTES BLANC BRAZ	F4044	6	B A FUNCTIONAL TRAINING	00:05:50	10,30	00:29:08
31	87	ROSANE DA SILVA ROCHA	F5054	4	SERCON	00:05:53	10,20	00:29:25
32	16	LUCIANA CUSTÓDIO DE CASTRO	F4044	7	B A FUNCTIONAL TRAINING	00:05:57	10,09	00:29:44
33	116	FLAVIA MACIMA MENDES	F3034	7	RADIO FELIZ 1039 FM PADUARJ	00:05:58	10,06	00:29:50
34	38	CARMEM DE FÁTIMA GUIMARÃES	F5054	5	BOMJERUN	00:05:58	10,05	00:29:51
35	160	KARINE BASTOS SILVA	F4044	8	B A FUNCTIONAL TRAINING	00:06:03	9,91	00:30:17
36	165	MARCELLA FARIA DE SOUZA	F2024	3		00:06:07	9,80	00:30:37
37	125	GEORGIA DA SILVA REZENDE	F3034	8	B A FUNCTIONAL TRAINING	00:06:10	9,73	00:30:49
38	92	MARCELA PERES DA SILVA	F2529	3	B A FUNCTIONAL TRAINING	00:06:12	9,67	00:31:02
39	37	CRISTIANA DOS SANTOS PASCHOAL	F5054	6	BOMJERUN	00:06:14	9,62	00:31:11
40	108	CLÁUDIA VEIGA FERREIRA	F4549	2	BOMJERUN	00:06:17	9,55	00:31:24
41	10	ZAIRA H. ROHEN DE SOUZA	F3539	6	B A FUNCTIONAL TRAINING	00:06:17	9,54	00:31:27
42	3	ELAINE CARDOSO FERREIRA	F3539	7	B A FUNCTIONAL TRAINING	00:06:19	9,51	00:31:33
43	63	REGINA GUILHERME	F3539	8	B A FUNCTIONAL TRAINING	00:06:29	9,26	00:32:24
44	111	DANIELLY GONÇALVES LEITE	F3539	9	DANY BIKE	00:06:31	9,20	00:32:37
45	167	EDILANE BASTOS FERREIRA	F2529	4	B A FUNCTIONAL TRAINING	00:06:36	9,10	00:32:58
46	75	LAYLLA DO COUTO LIMA	F3034	9	B A FUNCTIONAL TRAINING	00:06:36	9,10	00:32:59
47	50	EMILIE CORRÊA SOBRINHO NEIVA	F4044	9	SUPERANDO LIMITES	00:06:37	9,08	00:33:03
48	131	DANIELE PENA ROCHA PORTO	F4044	10		00:06:47	8,85	00:33:54

49	130	ISABELLE COSTA GUALBERTO ROSALINO	F2529	5		00:06:47	8,84	00:33:56
50	31	LEANDRA APARECIDA ANDRADE ALVES	F2529	6	BOMJERUN	00:07:00	8,57	00:35:01
51	85	CARMEM LUCIA MENEZES GUIMARÃES	F4549	3	SERCON	00:07:02	8,53	00:35:11
52	70	RAFAELA CORDEIRO PIO ROSA	F3539	10	B A FUNCTIONAL TRAINING	00:07:12	8,34	00:35:59
53	44	SIGNE ASTRA DA SILVA SALGADO	F4549	4	SUPERANDO LIMITES	00:07:12	8,33	00:36:02
54	148	ELIZANGELA SILVA LEONCIO	F4549	5		00:07:13	8,31	00:36:06
55	56	ADRIANA CORTAT DA SILVA	F4549	6	GALO RUN	00:07:15	8,28	00:36:13
56	22	DANIELLY LUGÃO SILVA	F3539	11	B A FUNCTIONAL TRAINING	00:07:16	8,26	00:36:19
57	78	RENATA DA CUNHA LADEIRA MORAIS	F4044	11	B A FUNCTIONAL TRAINING	00:07:34	7,93	00:37:51
58	98	VANUSA AMBROSIO DOS SANTOS DA SILVA	F3539	12	B A FUNCTIONAL TRAINING	00:07:34	7,93	00:37:51
59	106	MARLENE AUXILIADORA ROSA DE FARIA	F5054	7	BOMJERUN	00:07:35	7,91	00:37:57
60	39	CARMEM LÚCIA LOPES CÚRCIO	F5054	8	BOMJERUN	00:07:41	7,81	00:38:24
61	23	LUANA SILVA PENA	F2529	7	B A FUNCTIONAL TRAINING	00:07:43	7,78	00:38:34
62	72	CAMILA DE CASTRO DA SILVA MARQUES	F3539	13	B A FUNCTIONAL TRAINING	00:07:43	7,78	00:38:34
63	79	FLÁVIA GUIMARÃES VIEIRA	F4044	12	BOMJERUN	00:08:14	7,29	00:41:08
64	34	ROGÉRIA MONTEIRO DA SILVA OLIVEIRA	F4044	13	BOMJERUN	00:08:19	7,21	00:41:35
65	42	DANIELLE SILVA COUTINHO	F4044	14	SUPERANDO LIMITES	00:08:26	7,11	00:42:12
66	150	BERNADETE FIRMINO MONTEIRO	F5559	1	BERNADETE	00:08:35	7,00	00:42:53